

TARPON HOUSE

begin

orange or grapefruit juice	5	steel cut oats, walnuts, bananas	6
chilled juices, tomato, pineapple, v8, cranberry	3.5	almond granola, fresh berry parfait	8
chilled ruby red grapefruit	6	selection of yoplait yogurts	6
seasonal fresh fruit plate, yogurt	12	smoked salmon	13
selection of cereal, fresh berries	5	traditional accompaniments, toasted bagel	
		smoothie	5
		chef's daily creation	

classics

continental breakfast 12

chilled juice, fresh fruit plate, bread selection, coffee or tea

personal omelet 14

your choice of three farm fresh eggs, egg beaters, or egg whites
served with bread selection and choice of toppings:

cheeses – tillamook cheddar, big eye swiss, brie, monterey jack, maytag blue, goat

meats – applewood smoked bacon, pork sausage, turkey sausage, black forest ham, canadian bacon, chorizo, parma ham

vegetables – asparagus tips, artichoke hearts, roasted peppers, sweet onion, roma tomatoes, forest mushrooms, baby spinach, avocado, pico de gallo

traditional american 14

two eggs, pork sausage, applewood smoked bacon or canadian bacon, black forest ham, hash browns

poached eggs 14

canadian bacon, lump crab meat or smoked salmon, hollandaise sauce, english muffin

petite filet 20



two eggs, sliced tomatoes, fresh spinach and aged balsamic

fast & fit 11

two eggs scrambled, cheddar, ham, bacon or sausage, sliced tomatoes

egg white fritatta 18

lump crab, broccoli, avocado, warm salsa, sliced tomatoes

griddle breakfast 14

banana pancakes, orange vanilla french toast or belgian waffle
with fresh berries and whipped cream **15**

etc.

breakfast meats	5	sliced tomato, cottage cheese	6
pork sausage, applewood smoked bacon, black forest ham, canadian bacon		bagels, croissants, danish, muffins	5
hash brown potatoes	4		

liquids

coffee, decaffeinated coffee	3	soda, milk	2
revolution teas	3	.5l pana, san pellegrino	6
illy cappuccino, espresso	4	1l pana, san pellegrino	8

consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase the consumer's risk of food-borne illness